

# Health Promotion

## Naval Hospital Sigonella

### MISSION

To integrate wellness, prevention education, and health promotion into every aspect of health care, as well as the community and worksite.

### GOALS

- ✓ Improve and support military readiness.
- ✓ Increase awareness and knowledge of risk factors leading to preventable diseases/illnesses.
- ✓ Develop, provide, and maintain quality health promotion programs for active duty, dependents, and retirees.
- ✓ Market and promote healthy lifestyles through awareness, education, and intervention programs and community events.
- ✓ Provide assistance to hospital departments and clinics in their health promotion programs.

**LEARN MORE. LIVE BETTER.**